



Midwest  
Regional  
CHILDREN'S ADVOCACY  
CENTER

- HOME
- DASHBOARD
- MY COURSES
- NEED HELP?
- EXIT



My Courses



Course Catalog



Dashboard

Click here to access your courses



Home



Dashboard



My Courses



?NEED HELP



Exit

My Courses ▾



## MY COURSES (4)

**RECOGNIZING BIAS** and

**FOSTERING HEALTHY COMMUNICATION**

Recognizing Bias and...

Course Library

0%

Start

**MIDWEST CHAPTER LEADERS**

**VIRTUAL COMMUNITY**

Midwest Chapter Leaders...

Course Library

0%

Start

**MIDWEST CHAPTER**

**VIRTUAL COMMUNITY**

Midwest Chapter Virtual...

Course Library

0%

Start

**Medical Training Academy - ...**

Medical Courses & Webinars

17%

Resume

Click on the **Title** to select your course.

Kia Kehrer

[View Profile](#)

Achievements

Certifications

0

Total Course

4

Level

0

Post

0

This is how the course is displayed. The lesson and resources are found on the **left hand menu**.

[← Recognizing Bias and Fostering Healthy Communication](#)[Back to Dashboard](#) [⚙️ Student Dashboard](#)

Course contentAnnouncements

Find activities


Course Overview

Resources

Course

Access **course documents** here.

The **lesson** will be accessed here.



Start

Recognizing Bias and Fostering Healthy Communication0%

Course Overview

Engaging in and fostering healthy communication in our work can be challenging when talking about difficult or controversial topics. Recognizing Bias and Fostering Healthy Communication will provide foundational knowledge in recognizing personal bias and its effect on your interactions with children, families, and team members. This course will also discuss strategies that can be useful when engaging with others in challenging conversations.

It is important to understand both how our own bias affects our decision-making and how to intervene when our colleagues are leading with bias while making important decisions. These decisions have real life consequences for the children and families that we serve.

Course Features

Forum - 1

Reading Material - 1

Other - 1



Find activities

Course Overview

Resources

Syllabus

Course

Recognizing Bias and Fostering Healthy...

Click on **name** to access the lesson/resource.



Start

## Recognizing Bias and Fostering Healthy Communication

0%

### Course Overview

Engaging in and fostering healthy communication in our work can be challenging when talking about difficult or controversial topics. Recognizing Bias and Fostering Healthy Communication will provide foundational knowledge in recognizing personal bias and its effect on your interactions with children, families, and team members. This course will also discuss strategies that can be useful when engaging with others in challenging conversations.

It is important to understand both how our own bias affects our decision-making and how to intervene when our colleagues are leading with bias while making important decisions. These decisions have real life consequences for the children and families that we serve.

### Course Features

Forum - 1

Reading Material - 1

Other - 1

Find activities

Course Overview

Resources

Course

Recognizing Bias and  
Fostering Healthy...

## Recognizing Bias and Fostering Healthy Communication

Students who complete this lesson successfully will:

- Develop an awareness of your own biases through an interactive activity.
- Identify at least three types of bias that may show up in your work.
- Identify at least three strategies to challenge bias in your work.

Mode: ☐ Preview ☒ Normal

Enter

Click on the name to access the  
lesson/resource.

Click Enter to begin the lesson.

Find activities



Course Overview

Resources



Course



Recognizing Bias and Fostering Healthy...



Menu and Resources here

## Recognizing Bias and Fostering Healthy Communication



Midwest Regional  
CHILDREN'S ADVOCACY CENTER

Recognizing Bias and Fostering Healthy Communication

# Recognizing Bias and Fostering Healthy Communication

Please note:

Visit the menu in the upper-right hand corner to view your progress in this lesson. You don't need to view the entire lesson in one sitting. Your place will be bookmarked when you exit and re-enter the course. You must view all slides in the lesson to receive a certificate of completion.



Midwest Regional  
CHILDREN'S ADVOCACY CENTER

Children's  
MINNESOTA



Previous

Continue



Menu Resources X

Click X to leave lesson.

When the lesson is launched, this is the screen you should see.

Find activities

Course Overview

Resources

Course

Recognizing Bias and Fostering Healthy...

# Recognizing Bias and Fostering Healthy Communication



Recognizing Bias and Fostering Healthy Communication

## Welcome

Welcome to **Recognizing Bias and Fostering Healthy Communication**

This course contains valuable content which may require additional resources. Please consider your unique context as you move through the material. Feel free to pause the content as often as you'd like.

Turn on your speakers or wear headphones; when audio is available, it will play automatically to accompany the content. You can press the pause button to stop the audio at any time.

Please wait until the audio is completed before clicking the Continue button.

Closed captioning is available — click on the close captioning icon in the bottom left-hand side of the slide to toggle closed captioning on or off.

Click Continue to advance to the next page.

- Menu
- Introduction Note
  - Acknowledgements
  - Welcome
  - Learning Objectives
  - Introduction
  - Reflection
  - Why Would Learning About Bias be Important for Your ...
  - What is Bias?
  - Understanding Bias
  - Forms of Bias
  - Implicit Bias
  - Types of Bias
  - Self-Reflection
  - Activity: Lucky 7
  - Activity: Lucky 7 - Continued
  - Strategies for Addressing Bias
  - Strategies for Addressing Bias
  - Techniques for Addressing Bias
  - Affirmation — Deflection - Appreciation
  - Scenarios
  - Scenario 1

**Please note:** you can only move forward in the menu if the title is blue.

Find activities

Course Overview

Resources

Course

Recognizing Bias and Fostering Healthy...

## Recognizing Bias and Fostering Healthy Communication



### Recognizing Bias and Fostering Healthy Communication

#### Welcome

Welcome to **Recognizing Bias and Fostering Healthy Communication**.

This course contains valuable content which may require additional time for your unique context as you move through the material. Feel free to take breaks and revisit the content as often as you'd like.

speakers or wear headphones; when you s  
company the content. You can press the icon  
until the audio is completed before clicking t  
oning available —click on the closed captio  
to toggle closed captioning on or off.  
next page.



Previous

Continue

Menu Resources X

Here are some useful links and documents:

 Recognizing Bias Handout And More Resources

**Important resources are available here in the lesson.**

**\*\*Please make sure you download the resources you would like to keep for future reference.**



Find activities

Course Overview

Resources

Course

Recognizing Bias and Fostering Healthy...

## Recognizing Bias and Fostering Healthy Communication



Menu | Resources | X



Recognizing Bias and Fostering Healthy Communication

Why Would Learning About Bias be Important for Your Work?



You must listen to the audio before continuing.

Previous

Continue

This **icon** will turn on closed captioning for the lesson.

**Please click the icon only once.**

You will not have to click it again as you progress through the course, unless you want to turn off closed captioning.



Find activities

Course Overview

Resources

Course

Recognizing Bias and Fostering Healthy...

## Recognizing Bias and Fostering Healthy Communication



Menu | Resources | X



Midwest Regional  
CHILDREN'S ADVOCACY CENTER

Recognizing Bias and Fostering Healthy Communication

### Why Would Learning About Bias be Important for Your Work?



You must listen to the audio before continuing.

Acknowledging bias in our work could allow for MDT

Continue

This is what **closed captioning** looks like when turned on.

Please note: the **Previous** and **Continue/Quick Reference** buttons still work even if the closed captioning is in front of the buttons.

Find activities



Course Overview

Resources



Course



Recognizing Bias and  
Fostering Healthy...



# Recognizing Bias and Fostering Healthy Communication



Menu | Resources | X



Midwest Regional  
CHILDREN'S ADVOCACY CENTER

Recognizing Bias and Fostering Healthy Communication

## What is Bias?



The [dictionary](#) defines bias as:

- An inclination of temperament or outlook; especially a personal and sometimes unreasoned judgement.
- An instance of such prejudice.

You must listen to the audio before continuing.



Previous

Continue



### Please note:

You have to complete all the steps within a slide before this button turns green to allow you to move to the next slide.

Course content

Announcements

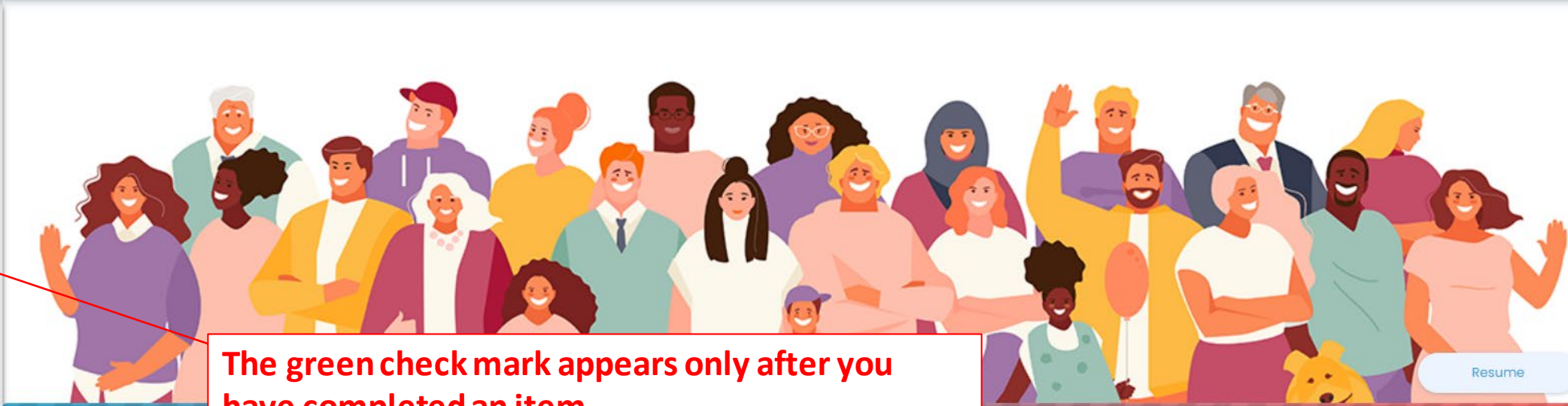
Find activities

Course Overview

Resources

Course

Recognizing Bias and Fostering Healthy...



Resume

The green check mark appears only after you have completed an item.

## Recognizing Bias and Fostering Healthy Communication

100%

### Course Overview

Engaging in and fostering healthy communication in our work can be challenging when talking about difficult or controversial topics. Recognizing Bias and Fostering Healthy Communication will provide foundational knowledge in recognizing personal bias and its effect on your interactions with children, families, and team members. This course will also discuss strategies that can be useful when engaging with others in challenging conversations.

It is important to understand both how our own bias affects our decision-making and how to intervene when our colleagues are leading with bias while making important decisions. These decisions have real life consequences for the children and families that we serve.

### Course Features

Forum - 1

Reading Material - 1

Other - 1



Find activities

Course Overview

Resources

Course

- Recognizing Bias and Fostering Healthy...
- Evaluation & Certificate



Recognizing Bias

Engaging in and fostering healthy communication will help members. This course will also...

It is important to understand... important decisions. These de...

Once you complete the lesson, you will be able to access the **Evaluation** and **Certificate**.

If the green check mark does not show up right away to indicate that you have completed the lesson or evaluation, you can refresh your browser.

topics. Recognizing Bias and Fostering... with children, families, and team...

re leading with bias while making

Course Features

- Forum - 1
- Reading Material - 1
- Other - 2